

ESAA – HUMBERSIDE ROLL OF HONOUR

Implementation of the 1972 Local Government Act on April 1st, 1974 resulted in the creation of the metropolitan county of Humberside. It was formed from the Lincolnshire county borough of Grimsby and land including Scunthorpe and Cleethorpes; the Yorkshire (East Riding) county borough of Kingston-upon-Hull; and Goole and District from the West Riding of Yorkshire.

Humberside Schools Athletic Association was formed in 1975 to organise and supervise schools athletics in the new county. Its first ESAA champion was Janice Moody, the winner of the Junior 1500m in 1975.

Although the county of Humberside was abolished in 1996 the *Humberside Schools Athletic Association* is still in existence. However, from 1997 to 1999, the area was known as *North Lincolnshire and East Yorkshire*.

OLYMPIC GAMES MEDALLIST

Susan Hearnshaw	1984 Long Jump Bronze
	1975 J LJ-3, 1976 and 1977 I LJ-1, 1978 and 1979 S LJ-1

WORLD CHAMPIONSHIP MEDALLIST

Annabelle Lewis	2013 4 x 100m Bronze
	2007 S 100m-3

COMMONWEALTH GAMES MEDALLISTS

David Smith	1986 Hammer Throw Gold and 1990 Hammer Throw Silver
	1978 I HT-4

Alex Smith	2010 Hammer Throw Silver
	2003 and 2004 I HT-1, 2005 S HT-1

David Hughes (2010 4 x 400m Bronze) ran in the heat but not in the final.

BRITISH CHAMPIONS

Susan Hearnshaw	1979 and 1984 Long Jump
	1975 J LJ-3, 1976 and 1977 I LJ-1, 1978 and 1979 S LJ-1

Ann Danson (née Brooks)	2001 Long Jump
	1989 S LJ-5

David Smith	1984-88 Hammer Throw
	1978 I HT-4

David W. Smith	1996 Hammer Throw
	1991 I HT-p-12

Paul Williamson	2001 Pole Vault
	1993 S PV-1

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Alex Smith	2009-2012 Hammer Throw 2003 and 2004 I HT-1, 2005 S HT-1
Sam Atkin	2022 10000m 2010 S 3000m-4
Archie Yeo	2025 Triple Jump 2017 J PEN-2, 2017 J LJ-2, 2018 I TJ-2, 2019 I LJ-2, 2021 S LJ-3

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior)

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat, 'p' – indicates in a qualifying pool and 'r-' indicates it was in a preliminary round)

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ESAA GIRLS CHAMPIONS

1975	J	1500m	Janice Moody
1976	I	LJ	Sue Hearnshaw
1977	I	LJ	Sue Hearnshaw
1978	S	LJ	Sue Hearnshaw
1979	S	LJ	Sue Hearnshaw
1982	I	400m	Ruth Elder
1983	I	400m	Ruth Elder
1989	S	400m	Tanya Blake
1996	J	HJ	Sophie McQueen
1998	I	HJ	Natalie Clark
1999	S	HJ	Sophie McQueen
2001	J	3k Walk	Jenny Gagg
2002	I	3k Walk	Katie Stones
2003	I	3k Walk	Jenny Gagg
2003	S	5k Walk	Katie Stones
2003	S	SP	Debbie Collinson
2007	J	DT	Abbi Carter
2008	J	DT	Abbi Carter
2009	I	HT	Abbi Carter
2010	I	HT	Abbi Carter
2011	S	HT	Abbi Carter
2012	S	HT	Abbi Carter
2013	I	300mH	Chelsea Walker
2015	S	100m	Charlotte Paterson
2018	S	HT	Olivia Stevenson
2019	J	800m	Ella Greenway
2022	I	200m	Freya Vidal
2023	S	800m	Ella Greenway
2025	J	75mH	Juliette Callau
2026	U16	80mH	Juliette Callau
2026	I	3000m	Beth Lewis

ESAA BOYS CHAMPIONS

1976	I	400m	Stephen Houlton
1977	S	400m	Steve Wymark
1977	S	TJ	Stephen Metcalfe
1978	S	200m	Philip Cooke
1979	J	1500m	Douglas Stones
1981	I	CC	Douglas Stones
1983	S	2000mST	Douglas Stones
1986	J	JT	Paul Smith
1986	S	400m	Richard Hill
1988	I	400mH	Paul Danby
1988	S	110mH	Andy Gill
1991	J	800m	Andrew Dale
1992	J	HT	Robin Walker
1993	S	PV	Paul Williamson
1999	J	800m	Richard Dowse
2000	I	PV	Paul Stevens
2001	J	TJ	William Harwood
2001	S	DEC	David Hughes
2003	J	HT	James Bedford
2003	I	HT	Alex Smith
2003	S	110mH	Robert Henry
2003	S	HJ	Kevin Sempers
2004	I	HT	Alex Smith
2004	S	DEC	Kevin Sempers
2005	I	HT	James Bedford
2005	S	HT	Alex Smith
2006	I	HT	Peter Smith
2007	I	HT	Michael Jennings
2007	S	HT	James Bedford
2009	S	JT	Matthew Hunt
2011	J	400m	Daniel Gray
2015	J	LJ	Jack Perry
2015	S	400m	Daniel Gray
2016	J	HT	Shaun Kerry
2017	J	DT	Benjamin Copley
2022	S	DEC	Oliver Adnitt
2025	J	SP	Logan Cowling
2026	J	SP	Logan Cowling
2026	J	HT	Tristan Koyuncu

In 2026 the height of hurdles was changed for certain ages so Under-16 (U16), Under-18 (U18) and Under-19 (U19) races were held.

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The 1998 and 1999 Champions, *Natalie Clark, Sophie McQueen and Richard Dowse* appear in the ESAA records as competing for *North Lincolnshire and East Yorkshire*.

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SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 2 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are for *Cross Country* and *Track and Field*. The *Indoor Pentathlon International* (commonly referred to as the *SIAB Indoor Pentathlon*) is actually organised by the *Scottish Schools' Athletic Association (SSAA)*.

A fourth championship, the *British Schools Indoor Athletics Championships* was also held from 1990 to 2000.

GIRLS WINNERS

1977	I	LJ	Sue Hearnshaw
1997	U16	iHJ	Sophie McQueen
2002	I	3k Walk	Bryna Christmas
2003	I	3k Walk	Jenny Gagg
2007	I	800m	Kerrie Harris
2010	I	HT	Abbi Carter
2016	I	HT	Olivia Stevenson
2026	I	80mH	Alice Gilday

BOYS WINNERS

1976	I	400m (A)	Stephen Houlton
1976	I	TJ	Stephen Metcalfe
1979	J	CC	Douglas Stones
2000	U16	i800m	Richard Dowse
2000	I	PV	Paul Stevens
2002	I	HJ	Kevin Sempers
2004	I	HT	Alex Smith
2005	I	HT	James Bedford
2006	I	HT	Peter Smith
2007	I	HT	Michael Jennings
2019	I	LJ	Archie Yeo

Winning performances are shown in the abbreviated format – yyyy a eeee where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at an indoor meeting).

In some events in the 1970s and 1980s two races (A and B) were necessary because of a limited number of lanes at the venue. An '(A)' or '(B)' highlights where this was the case.

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WORLD YOUTH / U18 MEDALLIST - BOYS

2005 Alex Smith Hammer Throw Bronze

EUROPEAN U23 MEDALLIST - GIRLS

2009 Annabelle Lewis 4 x 100m Gold
2011 Annabelle Lewis 4 x 100m Bronze

EUROPEAN U23 MEDALLIST - BOYS

2021 Baldvin Magnusson (Iceland) 5000m Bronze

EUROPEAN JUNIOR / U20 MEDALLIST - GIRLS

1979 Sue Hearnshaw Long Jump Bronze

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1977 Steve Wymark 400m Bronze and 4 x 400m Bronze
1979 Philip Cooke 4 x 100m Silver
1987 Richard Hill 4 x 400m Gold

MULTI-SPORT ATHLETES

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Swimming, Triathlon and Weightlifting.

Details follow of 2 Humberside ESAA competitors who went on to have successful careers in another sport :

RUGBY UNION – KAREN ALMOND MBE

Karen represented Humberside when finishing third in the 1978 ESAA Intermediate 800 metres.

She became England Rugby Union captain in 1988 when the sport was in its infancy. The Women's Rugby Football Union (WFRU) had only just been formed in 1983 and a 10-team league created. The Women's International Rugby Board (WIRB) came into existence in 1988.

Karen was captain of the first England rugby team to win a Rugby World Cup. They beat the United States by 38 points to 23 in the 1994 final of the 12-team tournament.

Karen was awarded the MBE in the 2022 Honours List.

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RUGBY UNION – JONATHAN SLEIGHTHOLME

Jon represented Humberside when finishing 7th in the 1990 ESAA Senior Long Jump. Soon after this he was chosen to play for the England Rugby Under-19s.

Jon played rugby for Grimsby and Hull Ionians before joining Wakefield RFC. A move to the top tier with Bath RFC came in 1994. He made his debut for the club by the end of the year and won the League and Cup double with them. His England debut, against France in 1996, followed and he went on to win 12 caps. He also made 8 appearances for the Barbarians.

In 1997, after 59 appearances for Bath, Jon moved to Northampton Saints where he made 85 appearances before his retirement in 2004.

His son, Oliver, who also plays for Northampton Saints, made his England debut in 2024 and already has 8 caps to his name as at September, 2025.